



BOSTON PIZZA BEAUMONT

TEAM OF THE WEEK

FEB. 12-18



BANTAM 2

PLAYER AGE RANGE

13-14 years

TEAM WARM UP ROUTINE:

Run, stretches, butterfly, 2 on 1

3 FAVOURITE WARM-UP SONGS:

Enter Sandman, Night More, Warriors Call

FAVOURITE COACHES SAYING OR QUOTE:

MOVE IT!

FAVOURITE PRACTICE DRILL:

Elimination shootout

LEAST FAVOURITE PRACTICE DRILL:

J-Drill

CURRENT RECORD (W-L-T):

5-9-2

TOP 3 FAVOURITE SPORTS:

Hockey, lacrosse and basketball

TOP 3 FAVOURITE NHL TEAM:

Sabres, Canucks, Capitals

TOP 3 FAVOURITE OLYMPIC SPORTS:

Hockey, Beach Volleyball, Snowboarding

TOP 3 FAVOURITE PARTY FOODS:

Pizza, Tacos in a Bag, Chips

TOP 3 FAVOURITE PREGAME MEALS:

Pasta, pasta & pasta

THIS SEASON'S TOURNAMENTS

St. Paul Bantam 1 - Won Gold Medal

TEAM GOALS FOR THE SEASON?:

Steady Improvement

